

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
1	1	Open	1791	Micah	Chase	Male		00:17:17	+00:00:00	03:27 min/km
2	1	Open	1236	Kaarina	Jafet	Female		00:21:11	+00:03:53	04:14 min/km
3	2	Open	2599	Hendrik	Gariseb	Male		00:21:14	+00:03:56	04:14 min/km
4	3	Open	3654	Vaino	Kamati	Male		00:21:37	+00:04:19	04:19 min/km
5	2	Open	2590	Muhupise	Tengee	Female		00:21:56	+00:04:38	04:23 min/km
6	3	Open	1098	Bernelee	Cooper	Female		00:21:58	+00:04:40	04:23 min/km
7	4	Open	2584	Martin	Vaino	Male		00:22:08	+00:04:50	04:25 min/km
8	5	Open	3653	Dennis	Nepunda	Male		00:22:19	+00:05:01	04:27 min/km
9	6	Open	2466	Kephas	Nghihongelwa	Male		00:22:48	+00:05:30	04:33 min/km
10	7	Open	1385	Angelo Michael	Moyo	Male		00:22:49	+00:05:31	04:33 min/km
11	4	Open	1644	INODINA	HANGO	Female		00:23:09	+00:05:51	04:37 min/km
12	8	Open	3655	Nicanor	Kauliungamenwa	Male		00:23:20	+00:06:02	04:40 min/km
13	5	Open	1794	Tirivasae	Nyandoro	Female		00:23:21	+00:06:04	04:40 min/km
14	9	Open	3646	Petrus	Nauyala	Male		00:23:24	+00:06:06	04:40 min/km
15	10	Open	1213	Guoxuan	Huang	Male		00:23:58	+00:06:41	04:47 min/km
16	11	Open	3713	Victor	Maengahama	Male		00:24:04	+00:06:46	04:48 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
17	12	Open	1196	Jay Jay	Hesikiel	Male		00:24:12	+00:06:55	04:50 min/km
18	13	Open	2560	Elikana	Hangula	Male		00:24:29	+00:07:12	04:53 min/km
19	14	Open	2585	Petrus	Mupopya	Male		00:24:31	+00:07:13	04:54 min/km
20	15	Open	1017	Abreu	AmÃ¶es	Male		00:24:34	+00:07:16	04:54 min/km
21	16	Open	1792	Greg	Chase	Male		00:24:40	+00:07:22	04:56 min/km
22	6	Open	2432	Mia	Winter	Female		00:24:49	+00:07:31	04:57 min/km
23	7	Open	1677	Genesis	Eises	Female		00:24:51	+00:07:33	04:58 min/km
24	17	Open	1675	Mukuteli	Pagala	Male		00:24:56	+00:07:38	04:59 min/km
25	8	Open	1683	Victoria	Ndipwashimwe	Female		00:24:57	+00:07:39	04:59 min/km
26	18	Open	1127	Kai	Dippenaar	Male		00:25:30	+00:08:12	05:06 min/km
27	19	Open	1667	Jay Dreane	da Silva	Male		00:25:32	+00:08:14	05:06 min/km
28	20	Open	1669	Aaron	Gwature	Male		00:26:23	+00:09:06	05:16 min/km
29	21	Open	1375	Boiren	Meta	Male		00:26:23	+00:09:06	05:16 min/km
30	9	Open	1474	Weende- lao	Niimengobe	Female		00:26:38	+00:09:20	05:19 min/km
31	22	Open	2559	Alfeus	Kashuna	Male		00:27:00	+00:09:42	05:24 min/km
32	23	Open	2289	Armas	Shifotoka	Male		00:27:09	+00:09:51	05:25 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
33	24	Open	2413	Francois	Visser	Male		00:27:19	+00:10:01	05:27 min/km
34	25	Open	1663	Schalk	van Schalkwyk	Male		00:27:22	+00:10:04	05:28 min/km
35	26	Open	2464	Pieter	Nghihongelwa	Male		00:27:30	+00:10:12	05:30 min/km
36	10	Open	1668	Tammy Ann	Goagoses	Female		00:27:42	+00:10:24	05:32 min/km
37	27	Open	1394	Simon Junior	Mupupa	Male		00:27:49	+00:10:32	05:33 min/km
38	11	Open	1393	Saaili Nelago	Mupupa	Female		00:28:08	+00:10:51	05:37 min/km
39	28	Open	1416	Erastus	Nanghambe	Male		00:28:10	+00:10:52	05:38 min/km
40	12	Open	3695	Ndataala	Angula	Female		00:28:11	+00:10:53	05:38 min/km
41	13	Open	1674	Ashley	Geingos	Female		00:28:16	+00:10:58	05:39 min/km
42	14	Open	1621	Joleen	Willemse	Female		00:28:31	+00:11:14	05:42 min/km
43	29	Open	1691	Raymond	Brinkmann	Male		00:28:34	+00:11:16	05:42 min/km
44	30	Open	1167	Cody-James	Greeves	Male		00:28:36	+00:11:18	05:43 min/km
45	31	Open	2267	Siddhartha	Schroeder	Male		00:28:44	+00:11:26	05:44 min/km
46	32	Open	1694	Marco	Kangootui	Male		00:28:50	+00:11:32	05:46 min/km
47	33	Open	1424	Joshua	Nashandi	Male		00:28:57	+00:11:39	05:47 min/km
48	34	Open	1354	Kieyondre T	Maletzky	Male		00:29:02	+00:11:44	05:48 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
49	35	Open	1670	Takunda	Gwature	Male		00:29:10	+00:11:52	05:50 min/km
50	36	Open	1707	Samuel	Pedro	Male		00:29:21	+00:12:04	05:52 min/km
51	37	Open	1011	Rafael Gamena	Aluteni	Male		00:29:22	+00:12:04	05:52 min/km
52	38	Open	2588	Paulus	Elias	Male		00:29:33	+00:12:15	05:54 min/km
53	15	Open	1666	Grace	Goagoses	Female		00:29:42	+00:12:24	05:56 min/km
54	39	Open	2694	Sean	Syster	Male		00:29:44	+00:12:27	05:56 min/km
55	40	Open	2318	Daichi	Shiozuru	Male		00:29:53	+00:12:35	05:58 min/km
56	16	Open	1703	Ndili	Honge	Female		00:29:54	+00:12:37	05:58 min/km
57	41	Open	1138	Luan	Engelbrecht	Male		00:30:00	+00:12:42	06:00 min/km
58	17	Open	1767	Armani	Ghhirmatsion	Female		00:30:00	+00:12:42	06:00 min/km
59	42	Open	1664	Roux	van Schalkwyk	Male		00:30:06	+00:12:48	06:01 min/km
60	18	Open	1662	MarÃth	van Schalkwyk	Female		00:30:07	+00:12:50	06:01 min/km
61	43	Open	1692	Alberto	Van Wyk	Male		00:30:11	+00:12:53	06:02 min/km
62	19	Open	1699	Blessing	Katjainamunene	Female		00:30:12	+00:12:54	06:02 min/km
63	44	Open	2266	Dennis	Schroeder	Male		00:30:13	+00:12:56	06:02 min/km
64	45	Open	2419	Matteo	Wasserfall	Male		00:30:23	+00:13:05	06:04 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
65	46	Open	1242	Mitch	Jansen	Male		00:30:24	+00:13:06	06:04 min/km
66	47	Open	1152	Frederick	Frans	Male		00:30:29	+00:13:11	06:05 min/km
67	20	Open	3650	Cecilia	Hawanga	Female		00:30:35	+00:13:18	06:07 min/km
68	21	Open	1240	Simoney	Janse van Rensburg	Female		00:30:36	+00:13:19	06:07 min/km
69	48	Open	1238	Gerhard	Janse van Rensburg	Male		00:30:37	+00:13:19	06:07 min/km
70	22	Open	1631	Martha	Shigwedha	Female		00:30:41	+00:13:24	06:08 min/km
71	23	Open	2391	Ane	van Staden	Female		00:30:42	+00:13:24	06:08 min/km
72	49	Open	1023	Andreas	Amutenya	Male		00:30:43	+00:13:25	06:08 min/km
73	50	Open	1796	Keandro	Jansen	Male		00:30:47	+00:13:29	06:09 min/km
74	24	Open	3657	Elao	Nghiyolua	Female		00:30:49	+00:13:31	06:09 min/km
75	51	Open	1401	SETSON	MWATETANGE	Male		00:31:02	+00:13:44	06:12 min/km
76	52	Open	1085	Bernd	Bronkhorst	Male		00:31:03	+00:13:45	06:12 min/km
77	53	Open	1168	Marco	Greyvenstein	Male		00:31:03	+00:13:45	06:12 min/km
78	54	Open	1679	Junior	Haraseb	Male		00:31:19	+00:14:01	06:15 min/km
79	25	Open	1035	Loide	Angula	Female		00:31:21	+00:14:03	06:16 min/km
80	26	Open	3720	Keziah	Van wyk	Female		00:31:23	+00:14:05	06:16 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
81	55	Open	2558	David	Frans	Male		00:31:26	+00:14:08	06:17 min/km
82	56	Open	1769	Shahzad	Husselmann	Male		00:31:29	+00:14:12	06:17 min/km
83	57	Open	1209	Theo	Hoeksema	Male		00:31:36	+00:14:18	06:19 min/km
84	58	Open	2301	Penda	Shikongo	Male		00:31:41	+00:14:23	06:20 min/km
85	59	Open	1618	Adolf	David	Male		00:32:00	+00:14:42	06:24 min/km
86	27	Open	1306	Hendrina	Kaulah	Female		00:32:19	+00:15:01	06:27 min/km
87	60	Open	1345	Andrew	Louw	Male		00:32:26	+00:15:08	06:29 min/km
88	28	Open	2383	Rozanne	van den Heever	Female		00:32:26	+00:15:09	06:29 min/km
89	61	Open	1682	Jose	Mayala	Male		00:32:29	+00:15:11	06:29 min/km
90	62	Open	1774	Senai	Ghhirmatsion	Male		00:32:36	+00:15:18	06:31 min/km
91	29	Open	1329	Tarien	Kruger	Female		00:32:50	+00:15:32	06:34 min/km
92	30	Open	2612	Indileni	Nanghama	Female		00:33:01	+00:15:43	06:36 min/km
93	31	Open	2604	Johanna	Pilata	Female		00:33:01	+00:15:43	06:36 min/km
94	63	Open	1475	Katsusuke	Niwa	Male		00:33:06	+00:15:48	06:37 min/km
95	64	Open	2418	Adam Joas	Wahengo	Male		00:33:10	+00:15:52	06:38 min/km
96	32	Open	1678	Aletha	Harases	Female		00:33:11	+00:15:54	06:38 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
97	33	Open	1220	Zoe	Husselmann	Female		00:33:22	+00:16:05	06:40 min/km
98	65	Open	2385	North	Van Drunen	Male		00:33:33	+00:16:16	06:42 min/km
99	66	Open	1705	Alex	Nanub	Male		00:33:37	+00:16:19	06:43 min/km
100	34	Open	2605	Olivia	Hadula	Female		00:33:42	+00:16:24	06:44 min/km
101	35	Open	2276	Fiina	Shafuda	Female		00:33:49	+00:16:31	06:45 min/km
102	36	Open	1275	Leopodine	Kamukwanyama	Female		00:33:54	+00:16:36	06:46 min/km
103	37	Open	1126	Katja	Dippenaar	Female		00:34:08	+00:16:51	06:49 min/km
104	38	Open	1212	Xinyue	Huang	Female		00:34:08	+00:16:51	06:49 min/km
105	67	Open	1690	Arthur	Lilungwe	Male		00:34:15	+00:16:57	06:51 min/km
106	39	Open	1686	Rafaela	Dias	Female		00:34:16	+00:16:58	06:51 min/km
107	68	Open	2265	Nathan	Schoonbee	Male		00:34:21	+00:17:03	06:52 min/km
108	40	Open	1409	Cornelia	Nakanyala	Female		00:34:28	+00:17:10	06:53 min/km
109	69	Open	1139	Sakaria	Enkali	Male		00:34:28	+00:17:10	06:53 min/km
110	70	Open	3624	Armand	No surname	Male		00:34:38	+00:17:20	06:55 min/km
111	71	Open	3625	Armand	Lillie	Male		00:34:55	+00:17:37	06:59 min/km
112	72	Open	1772	Damian	Ndadi	Male		00:34:55	+00:17:37	06:59 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
113	41	Open	3731	Laura	Imbuwa	Female		00:34:57	+00:17:39	06:59 min/km
114	42	Open	1003	Alma	Akweenda	Female		00:34:58	+00:17:41	06:59 min/km
115	43	Open	1229	Nsozi	Imbuwa	Female		00:35:01	+00:17:43	07:00 min/km
116	44	Open	1379	Twapewa	Moonde	Female		00:35:03	+00:17:45	07:00 min/km
117	45	Open	1239	Beulah	Janse van Rensburg	Female		00:35:06	+00:17:48	07:01 min/km
118	73	Open	1629	Shaun	Lahner	Male		00:35:13	+00:17:55	07:02 min/km
119	46	Open	1333	N	La	Female		00:35:13	+00:17:55	07:02 min/km
120	47	Open	3725	Sarah	Ishuna	Female		00:35:17	+00:17:59	07:03 min/km
121	74	Open	3674	Neil	Clark	Male		00:35:21	+00:18:04	07:04 min/km
122	75	Open	3709	Denzel	Nowaseb	Male		00:35:23	+00:18:05	07:04 min/km
123	48	Open	2386	Laken	Van Drunen	Female		00:35:45	+00:18:27	07:09 min/km
124	76	Open	2387	Wilder	Van Drunen	Male		00:35:46	+00:18:28	07:09 min/km
125	49	Open	1070	Desiree	Bock	Female		00:35:48	+00:18:31	07:09 min/km
126	77	Open	1111	Christopher	Delie	Male		00:35:50	+00:18:32	07:10 min/km
127	50	Open	1051	Diann	Beukes	Female		00:35:52	+00:18:34	07:10 min/km
128	51	Open	3727	Maruska	Gille	Female		00:35:54	+00:18:36	07:10 min/km

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129	78	Open	1020	Christoff	Kandenge	Male		00:35:56	+00:18:38	07:11 min/km
130	79	Open	1124	Nawaaz	Dinath	Male		00:36:02	+00:18:44	07:12 min/km
131	80	Open	1494	Granthum	Philander	Male		00:36:10	+00:18:52	07:14 min/km
132	81	Open	1215	Dewald	Human	Male		00:36:12	+00:18:54	07:14 min/km
133	52	Open	1019	Amuaalua	Nelago	Female		00:36:17	+00:18:59	07:15 min/km
134	82	Open	1802	Muye	Nakale	Male		00:36:22	+00:19:04	07:16 min/km
135	53	Open	1165	Roe	GÅ•wases	Female		00:36:26	+00:19:08	07:17 min/km
136	83	Open	1688	James	Tjombe	Male		00:36:30	+00:19:12	07:18 min/km
137	54	Open	1684	Ellao	Ndipwashimwe	Female		00:36:31	+00:19:13	07:18 min/km
138	55	Open	2519	Marna	van Zyl	Female		00:36:39	+00:19:21	07:19 min/km
139	84	Open	2357	Jeffrey	Sukali	Male		00:36:44	+00:19:26	07:20 min/km
140	56	Open	2316	Tuhafeni	Shino	Female		00:36:45	+00:19:27	07:21 min/km
141	85	Open	2337	Ferdie	Smith	Male		00:36:49	+00:19:32	07:21 min/km
142	86	Open	2338	Franco	Smith	Male		00:36:49	+00:19:32	07:21 min/km
143	57	Open	1799	Lisa	Rijner	Female		00:36:55	+00:19:37	07:23 min/km
144	87	Open	2203	Bas	Rijnen	Male		00:36:56	+00:19:38	07:23 min/km

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145	88	Open	2204	Owen	Rijnen	Male		00:36:57	+00:19:39	07:23 min/km
146	58	Open	1290	Mikayla	Kapiye	Female		00:37:03	+00:19:46	07:24 min/km
147	89	Open	2269	Milton	Schwartbooy	Male		00:37:19	+00:20:02	07:27 min/km
148	59	Open	3647	Elizabeth	Munashimwe	Female		00:37:22	+00:20:04	07:28 min/km
149	90	Open	1771	Jānische	Martin	Male		00:37:29	+00:20:11	07:29 min/km
150	60	Open	1488	Padelia	Paulus	Female		00:37:30	+00:20:13	07:30 min/km
151	61	Open	1775	Johanna	Kroth	Female		00:37:32	+00:20:14	07:30 min/km
152	91	Open	1440	Peter	Ndjulu	Male		00:37:47	+00:20:29	07:33 min/km
153	92	Open	2522	Jacob	Kanono	Male		00:37:48	+00:20:31	07:33 min/km
154	93	Open	2412	Wimpie	Viljoen	Male		00:37:48	+00:20:31	07:33 min/km
155	62	Open	2557	Albertina	Mweya	Female		00:37:49	+00:20:31	07:33 min/km
156	63	Open	2556	Aili	Mbudhi	Female		00:37:49	+00:20:31	07:33 min/km
157	94	Open	1248	Laurindo	Joao	Male		00:37:52	+00:20:34	07:34 min/km
158	95	Open	1430	Walter	Naunyango	Male		00:38:01	+00:20:43	07:36 min/km
159	64	Open	1805	Nananda	Ndeleki	Female		00:38:02	+00:20:44	07:36 min/km
160	65	Open	3516	Sinead	Jurgens	Female		00:38:03	+00:20:46	07:36 min/km

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161	96	Open	2403	Melrick	Van Wyk	Male		00:38:06	+00:20:48	07:37 min/km
162	66	Open	1423	Alina	Nashandi	Female		00:38:08	+00:20:51	07:37 min/km
163	67	Open	2408	Mirabelle	Van Wyk	Female		00:38:15	+00:20:57	07:39 min/km
164	97	Open	1205	Peterson	Hiwilepo	Male		00:38:25	+00:21:07	07:41 min/km
165	98	Open	1762	Damie	Labushagne	Male		00:38:30	+00:21:12	07:42 min/km
166	68	Open	2384	Carien	Van der Walt	Female		00:38:31	+00:21:13	07:42 min/km
167	69	Open	1272	Liina	Kamenye	Female		00:38:36	+00:21:18	07:43 min/km
168	70	Open	2417	Eliska	Wahengo	Female		00:38:36	+00:21:19	07:43 min/km
169	99	Open	3701	Liandro	Goagoseb	Male		00:38:44	+00:21:26	07:44 min/km
170	71	Open	1107	Yvonne	De Villiers	Female		00:38:53	+00:21:35	07:46 min/km
171	72	Open	1084	Jalene	Brits	Female		00:38:55	+00:21:37	07:47 min/km
172	73	Open	1702	Joanna	Fillipus	Female		00:38:59	+00:21:41	07:47 min/km
173	74	Open	3600	Jurita	Viljoen	Female		00:39:01	+00:21:43	07:48 min/km
174	75	Open	1408	Ester	Nakaleke	Female		00:39:01	+00:21:43	07:48 min/km
175	76	Open	1297	Helena	Kashaka	Female		00:39:04	+00:21:46	07:48 min/km
176	77	Open	1016	Katherine	Amakali	Female		00:39:06	+00:21:48	07:49 min/km

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177	100	Open	1367	Matomola	Matomola	Male		00:39:11	+00:21:53	07:50 min/km
178	78	Open	3737	Cynthia	Alexander	Female		00:39:14	+00:21:57	07:50 min/km
179	101	Open	2361	Denitho	Swartz	Male		00:39:15	+00:21:57	07:51 min/km
180	102	Open	2259	Michael	Sanlmwele	Male		00:39:15	+00:21:57	07:51 min/km
181	103	Open	1768	Biniam	Ghhirmatsion	Male		00:39:16	+00:21:58	07:51 min/km
182	79	Open	1262	Rain IhaÅta	Kahambundu	Female		00:39:18	+00:22:00	07:51 min/km
183	80	Open	2635	Aima	Nowases	Female		00:39:30	+00:22:13	07:54 min/km
184	81	Open	1247	AIDA	JOAO	Female		00:39:33	+00:22:15	07:54 min/km
185	82	Open	2463	Priskilla	Nghihongelwa	Female		00:39:35	+00:22:17	07:55 min/km
186	83	Open	1452	Rejoice	Nekamba	Female		00:39:47	+00:22:29	07:57 min/km
187	84	Open	1476	Naomi	Niwa	Female		00:39:49	+00:22:31	07:57 min/km
188	104	Open	3636	Mulombe	Gideon	Male		00:39:50	+00:22:32	07:58 min/km
189	85	Open	2468	Hulda	Nderuru	Female		00:39:55	+00:22:37	07:59 min/km
190	86	Open	1171	Juliandri	Grobler	Female		00:40:02	+00:22:44	08:00 min/km
191	87	Open	2224	Davisha	Rittmann	Female		00:40:03	+00:22:45	08:00 min/km
192	105	Open	2377	Desderius	Tshivute	Male		00:40:05	+00:22:47	08:01 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
193	106	Open	2406	Marco	Van Wyk	Male		00:40:13	+00:22:55	08:02 min/km
194	107	Open	2348	Declan	Stafford-Evans	Male		00:40:21	+00:23:04	08:04 min/km
195	88	Open	1176	Pashukeni	Haimbili	Female		00:40:35	+00:23:17	08:07 min/km
196	108	Open	1141	CJ	Erasmus	Male		00:40:40	+00:23:23	08:08 min/km
197	89	Open	1040	Veronika	Ashipala	Female		00:40:51	+00:23:33	08:10 min/km
198	109	Open	1600	Eswual	Swartz	Male		00:41:01	+00:23:43	08:12 min/km
199	90	Open	1116	Denise	Diedericks	Female		00:41:05	+00:23:47	08:13 min/km
200	91	Open	1478	Elizabeth	Nkole	Female		00:41:09	+00:23:51	08:13 min/km
201	110	Open	1477	Stefanus Tito	Nkole	Male		00:41:09	+00:23:51	08:13 min/km
202	92	Open	1276	Ester	Kandjiengo	Female		00:41:09	+00:23:51	08:13 min/km
203	93	Open	1185	Nealah Mae	Hansen	Female		00:41:17	+00:23:59	08:15 min/km
204	94	Open	1233	Yamwe Aune	Ishitile	Female		00:41:17	+00:23:59	08:15 min/km
205	95	Open	1175	Manoela	Gustavo	Female		00:41:17	+00:23:59	08:15 min/km
206	96	Open	1761	Marthirique	Joodt	Female		00:41:20	+00:24:02	08:16 min/km
207	111	Open	2362	Simbarashe	Takangovada	Male		00:41:29	+00:24:11	08:17 min/km
208	112	Open	1277	Eli	Kandjii	Male		00:41:32	+00:24:14	08:18 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
209	113	Open	1764	Jingxuan	Huang	Male		00:41:32	+00:24:14	08:18 min/km
210	114	Open	1071	Otto	Bock	Male		00:41:37	+00:24:19	08:19 min/km
211	115	Open	1695	Roberto	Mazumo	Male		00:41:41	+00:24:23	08:20 min/km
212	97	Open	1002	Jessicca	Afrikaner	Female		00:41:41	+00:24:23	08:20 min/km
213	98	Open	1652	Tujoromajo	kasuto	Female		00:41:41	+00:24:24	08:20 min/km
214	99	Open	1115	Carol	Dickson	Female		00:41:48	+00:24:30	08:21 min/km
215	116	Open	2277	Lukas	Shahangwapo	Male		00:41:49	+00:24:31	08:21 min/km
216	117	Open	2399	Jaden	Van Wyk	Male		00:41:49	+00:24:31	08:21 min/km
217	100	Open	2326	Catherine	Sibolile	Female		00:41:51	+00:24:33	08:22 min/km
218	118	Open	2531	Gehas	Shatika	Male		00:42:02	+00:24:44	08:24 min/km
219	119	Open	2530	Brendan	Diergaardt	Male		00:42:02	+00:24:44	08:24 min/km
220	101	Open	1289	Michelle	Kapia	Female		00:42:04	+00:24:46	08:24 min/km
221	120	Open	2433	Oskar	Winter	Male		00:42:05	+00:24:47	08:25 min/km
222	121	Open	1108	Zian	de Waal	Male		00:42:05	+00:24:47	08:25 min/km
223	102	Open	2640	Thembi	Kathora	Female		00:42:06	+00:24:48	08:25 min/km
224	103	Open	2349	Kristen Stella	Stafford-Evans	Female		00:42:08	+00:24:51	08:25 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
225	104	Open	2295	Taimi Nelago	Shiimi	Female		00:42:11	+00:24:53	08:26 min/km
226	105	Open	1340	Hannah	Lewis Winter	Female		00:42:11	+00:24:53	08:26 min/km
227	122	Open	3602	Richard	Janson	Male		00:42:15	+00:24:57	08:27 min/km
228	123	Open	2280	Gilbert	Shava	Male		00:42:20	+00:25:02	08:28 min/km
229	106	Open	3668	Elizabeth	Hashiyana	Female		00:42:22	+00:25:05	08:28 min/km
230	124	Open	1258	Samuel	Kadhila Amoomo	Male		00:42:23	+00:25:05	08:28 min/km
231	125	Open	1149	Rohwan	Fish	Male		00:42:23	+00:25:05	08:28 min/km
232	107	Open	2347	Annette	Stafford-Evans	Female		00:42:26	+00:25:09	08:29 min/km
233	108	Open	1636	Rebekka	Nambahu	Female		00:42:33	+00:25:15	08:30 min/km
234	109	Open	1643	Queen	Katamba	Female		00:42:33	+00:25:15	08:30 min/km
235	110	Open	2283	Magdalena	Shayuka	Female		00:42:35	+00:25:17	08:31 min/km
236	111	Open	1192	Ida	Henaunye	Female		00:42:36	+00:25:18	08:31 min/km
237	126	Open	1396	Ethan	Musiyalike	Male		00:42:36	+00:25:19	08:31 min/km
238	112	Open	1612	Natalia	Shaningwa	Female		00:42:47	+00:25:29	08:33 min/km
239	113	Open	3749	Jacqueline	du Plessis	Female		00:42:47	+00:25:29	08:33 min/km
240	114	Open	1641	Shady	Gawanas	Female		00:42:48	+00:25:30	08:33 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
241	115	Open	1783	Berradine	Johannes	Female		00:42:48	+00:25:30	08:33 min/km
242	116	Open	2440	Elinaty	Zulu	Female		00:42:51	+00:25:33	08:34 min/km
243	127	Open	2233	Clemens	Romeis	Male		00:42:51	+00:25:34	08:34 min/km
244	117	Open	1278	Theophania	Kandume	Female		00:42:53	+00:25:35	08:34 min/km
245	118	Open	3620	Claudia	Starzacher-Dennis	Female		00:43:05	+00:25:47	08:37 min/km
246	119	Open	1174	Tanya	Guriras	Female		00:43:05	+00:25:47	08:37 min/km
247	120	Open	1214	Suzette	Human	Female		00:43:06	+00:25:48	08:37 min/km
248	121	Open	2580	Jennifer	Comalie	Female		00:43:13	+00:25:55	08:38 min/km
249	122	Open	2578	Seodhna	Keown	Female		00:43:13	+00:25:55	08:38 min/km
250	128	Open	2526	Graham	Watermeyer	Male		00:43:14	+00:25:56	08:38 min/km
251	123	Open	1244	Vhallengia Mandy	Jeremia	Female		00:43:14	+00:25:57	08:38 min/km
252	129	Open	1428	Nestor	Nathingo	Male		00:43:19	+00:26:01	08:39 min/km
253	130	Open	1043	Josiah	Banda	Male		00:43:19	+00:26:02	08:39 min/km
254	124	Open	2341	Maija	Somses	Female		00:43:20	+00:26:02	08:40 min/km
255	125	Open	1415	Peneyambeko	Namwapo	Female		00:43:21	+00:26:04	08:40 min/km
256	126	Open	1106	Hedwich	de Koe	Female		00:43:22	+00:26:05	08:40 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
257	127	Open	2402	Cheyenne	Van Wyk	Female		00:43:23	+00:26:06	08:40 min/km
258	131	Open	1602	Burt	Titus	Male		00:43:27	+00:26:09	08:41 min/km
259	132	Open	3697	Hendrick	Shikomba	Male		00:43:28	+00:26:10	08:41 min/km
260	133	Open	1687	Valentino	Tjombe	Male		00:43:37	+00:26:19	08:43 min/km
261	134	Open	1496	Gianni	Platt	Male		00:43:56	+00:26:38	08:47 min/km
262	128	Open	1470	Lorraine	Nghisheefa	Female		00:43:57	+00:26:39	08:47 min/km
263	129	Open	2473	Melineekelo	Petrus	Female		00:43:59	+00:26:42	08:47 min/km
264	130	Open	1804	Stephanie	Kaese	Female		00:44:02	+00:26:44	08:48 min/km
265	131	Open	1296	Saara	Kashaka	Female		00:44:02	+00:26:44	08:48 min/km
266	132	Open	2231	Kathleen	Romeis	Female		00:44:03	+00:26:45	08:48 min/km
267	133	Open	1656	Bacilia	Martin	Female		00:44:32	+00:27:14	08:54 min/km
268	134	Open	2332	Eileen	Simataa	Female		00:44:38	+00:27:20	08:55 min/km
269	135	Open	2346	Hannelie	Sowden	Female		00:44:39	+00:27:21	08:55 min/km
270	136	Open	2456	Menette	Kashikuka	Female		00:44:45	+00:27:27	08:57 min/km
271	135	Open	3662	Elia	Festus	Male		00:44:45	+00:27:27	08:57 min/km
272	136	Open	1318	Prins	Khoaseb	Male		00:44:47	+00:27:29	08:57 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
273	137	Open	1105	Xavier	Dax	Male		00:44:47	+00:27:29	08:57 min/km
274	137	Open	2271	Ester	Sem	Female		00:44:49	+00:27:31	08:57 min/km
275	138	Open	2629	Saara	Halupe	Female		00:44:50	+00:27:33	08:58 min/km
276	138	Open	2360	Marc-Alex	Swartz	Male		00:44:56	+00:27:39	08:59 min/km
277	139	Open	1342	Joram	Linus	Male		00:44:58	+00:27:40	08:59 min/km
278	140	Open	1316	Hayato	Kazawa	Male		00:44:58	+00:27:40	08:59 min/km
279	139	Open	2291	ndapanda	shigwedha	Female		00:45:04	+00:27:47	09:00 min/km
280	141	Open	1453	Panduleni	Nekomba	Male		00:45:06	+00:27:48	09:01 min/km
281	140	Open	1273	Helena	Kampungu	Female		00:45:10	+00:27:53	09:02 min/km
282	141	Open	3579	Innocentia	Munganda	Female		00:45:15	+00:27:57	09:03 min/km
283	142	Open	2379	Lavinia	Uuyuni	Female		00:45:15	+00:27:57	09:03 min/km
284	143	Open	3741	ALBERTINA	N AMUTENYA	Female		00:45:15	+00:27:58	09:03 min/km
285	144	Open	1374	Upengisa	Meroro	Female		00:45:15	+00:27:58	09:03 min/km
286	145	Open	1414	Helena	Nampweya	Female		00:45:17	+00:27:59	09:03 min/km
287	146	Open	2380	Mweneni	Uuyuni	Female		00:45:18	+00:28:00	09:03 min/km
288	147	Open	2382	Irja	Vaino	Female		00:45:18	+00:28:00	09:03 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
289	148	Open	2313	Louna	Shimbundje	Female		00:45:19	+00:28:01	09:03 min/km
290	149	Open	2549	Beate	Raith	Female		00:45:21	+00:28:03	09:04 min/km
291	150	Open	1271	Tjijandjeua Verikorui	Kamburona	Female		00:45:21	+00:28:03	09:04 min/km
292	151	Open	1197	Micaela-Leigh	Hess	Female		00:45:25	+00:28:08	09:05 min/km
293	152	Open	1099	Kaylah	Cordom	Female		00:45:26	+00:28:08	09:05 min/km
294	153	Open	1269	Lucia	Kambata	Female		00:45:29	+00:28:11	09:05 min/km
295	154	Open	1142	Maria N	Erastus	Female		00:45:31	+00:28:13	09:06 min/km
296	155	Open	1634	Ndapanda	Wanailonga	Female		00:45:34	+00:28:16	09:06 min/km
297	156	Open	3726	Lusia	Ningisheni	Female		00:45:34	+00:28:16	09:06 min/km
298	157	Open	1143	Kristine K	Erastus	Female		00:45:34	+00:28:16	09:06 min/km
299	158	Open	1468	Chloe	Nghipandulwa	Female		00:45:40	+00:28:22	09:08 min/km
300	159	Open	2268	Dorreth	Schwartbooy	Female		00:45:40	+00:28:23	09:08 min/km
301	142	Open	1400	Jose Joseph	Mwangara	Male		00:45:41	+00:28:23	09:08 min/km
302	160	Open	2374	Rachel	Tseitseimou	Female		00:45:41	+00:28:23	09:08 min/km
303	143	Open	1469	Panduleni	Nghipandulwa	Male		00:45:42	+00:28:24	09:08 min/km
304	161	Open	1442	Nancy	Ndjulu	Female		00:45:44	+00:28:26	09:08 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
305	162	Open	1763	Ramona	Dippenaar	Female		00:45:46	+00:28:28	09:09 min/km
306	163	Open	1765	Jing	Ren	Female		00:45:47	+00:28:30	09:09 min/km
307	164	Open	1254	Nora	Joseph	Female		00:45:49	+00:28:31	09:09 min/km
308	144	Open	2234	Jerome	Farmer	Male		00:45:51	+00:28:34	09:10 min/km
309	165	Open	1038	Tanisha	Araes	Female		00:45:52	+00:28:35	09:10 min/km
310	166	Open	1800	Vawaa	Tjengaete	Female		00:45:54	+00:28:36	09:10 min/km
311	167	Open	1701	Albertina	Johannes	Female		00:46:02	+00:28:44	09:12 min/km
312	168	Open	1655	Rauna	Nashinge	Female		00:46:05	+00:28:47	09:13 min/km
313	169	Open	2630	Mercy	Halweendo	Female		00:46:09	+00:28:51	09:13 min/km
314	170	Open	1160	Rosemary	Geinus	Female		00:46:09	+00:28:51	09:13 min/km
315	171	Open	1180	Rauna	Hamata	Female		00:46:11	+00:28:53	09:14 min/km
316	172	Open	1231	Felicia Lily	Ipinge	Female		00:46:12	+00:28:54	09:14 min/km
317	173	Open	1255	Natalia	Joseph	Female		00:46:12	+00:28:55	09:14 min/km
318	174	Open	1456	Jo-Ann	Nels	Female		00:46:13	+00:28:55	09:14 min/km
319	175	Open	2285	Shuvai Faith	Shenje	Female		00:46:18	+00:29:00	09:15 min/km
320	176	Open	2297	JUSTINA NDAPANDULA NDAKULILWA	SHIKAMBE	Female		00:46:20	+00:29:02	09:16 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
321	177	Open	2351	Omagano	Steven	Female		00:46:22	+00:29:05	09:16 min/km
322	178	Open	1314	Ayako	Kazawa	Female		00:46:24	+00:29:07	09:16 min/km
323	179	Open	2320	Irja	Shipepe	Female		00:46:26	+00:29:08	09:17 min/km
324	145	Open	1605	Baptista	No surname	Male		00:46:28	+00:29:10	09:17 min/km
325	180	Open	2243	Misayo	Sadamoto	Female		00:46:40	+00:29:23	09:20 min/km
326	146	Open	2460	Brian	Hendricks	Male		00:46:41	+00:29:24	09:20 min/km
327	181	Open	2512	Hester	Van Zyl	Female		00:46:43	+00:29:25	09:20 min/km
328	182	Open	2429	Lizelle	Williams	Female		00:46:47	+00:29:29	09:21 min/km
329	183	Open	3732	Selma	Kaulinge	Female		00:46:50	+00:29:33	09:22 min/km
330	184	Open	1398	Alicia Rawa	Muvangua	Female		00:46:51	+00:29:33	09:22 min/km
331	185	Open	1193	Brisetha	Hendricks	Female		00:46:52	+00:29:34	09:22 min/km
332	186	Open	1166	Ilana	Greeff	Female		00:46:53	+00:29:35	09:22 min/km
333	187	Open	1068	Muriel	Bock	Female		00:46:53	+00:29:35	09:22 min/km
334	188	Open	1246	Magdalena	Joao	Female		00:46:56	+00:29:39	09:23 min/km
335	189	Open	1801	Chenelle	Ishitile	Female		00:47:00	+00:29:42	09:24 min/km
336	190	Open	2323	Shekupe	Shivute	Female		00:47:02	+00:29:44	09:24 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
337	147	Open	3594	Joseph	Khaiseb	Male		00:47:02	+00:29:44	09:24 min/km
338	148	Open	3673	Angula	Nashandi	Male		00:47:05	+00:29:47	09:25 min/km
339	191	Open	2414	Tiffany	Vries	Female		00:47:07	+00:29:50	09:25 min/km
340	192	Open	3744	Joan	Mbago	Female		00:47:09	+00:29:51	09:25 min/km
341	193	Open	1045	Nicole	Bell	Female		00:47:12	+00:29:54	09:26 min/km
342	194	Open	1219	Chantell	Husselmann	Female		00:47:12	+00:29:55	09:26 min/km
343	195	Open	1659	LuchÃ©	Feris	Female		00:47:17	+00:29:59	09:27 min/km
344	196	Open	1188	Johnna	Hasheela	Female		00:47:17	+00:29:59	09:27 min/km
345	197	Open	3717	Kornelia	Shikwaya	Female		00:47:20	+00:30:02	09:28 min/km
346	198	Open	3716	Loide	Shipingana	Female		00:47:20	+00:30:02	09:28 min/km
347	199	Open	1357	Sasha	Marais Martin	Female		00:47:22	+00:30:05	09:28 min/km
348	149	Open	1041	Ajay	Asino	Male		00:47:22	+00:30:05	09:28 min/km
349	150	Open	3711	CLIFTON	AMEB	Male		00:47:27	+00:30:09	09:29 min/km
350	200	Open	1465	Ritha	Nghiitwikwa	Female		00:47:30	+00:30:13	09:30 min/km
351	201	Open	3729	Imorgene	Afrikaner	Female		00:47:32	+00:30:15	09:30 min/km
352	202	Open	1413	Rishona	Nambili	Female		00:47:44	+00:30:26	09:32 min/km

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Pos.	Cat. Pos.	Cat	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
353	203	Open	3575	Beate	Scholtz	Female		00:47:49	+00:30:31	09:33 min/km
354	151	Open	2532	Sammy	Siska	Male		00:47:51	+00:30:33	09:34 min/km
355	204	Open	3577	IVONI	SHATIRWE	Female		00:47:55	+00:30:38	09:35 min/km
356	205	Open	2214	Jamie	Rittmann	Female		00:47:57	+00:30:40	09:35 min/km
357	206	Open	2397	Ruschida	Van Wyk	Female		00:47:58	+00:30:40	09:35 min/km
358	207	Open	2452	Dorothea	Visser	Female		00:48:01	+00:30:44	09:36 min/km
359	208	Open	1263	Lua Isabel Rongeree	Kahambundu	Female		00:48:01	+00:30:44	09:36 min/km
360	209	Open	1227	Hertha	Iiyambo	Female		00:48:02	+00:30:44	09:36 min/km
361	210	Open	1182	Rebekka	Hamukonda	Female		00:48:05	+00:30:47	09:37 min/km
362	211	Open	3576	Ester	Paulus	Female		00:48:06	+00:30:48	09:37 min/km
363	212	Open	2392	Jemimah	Van Ster	Female		00:48:16	+00:30:58	09:39 min/km
364	213	Open	3706	CAROLINE	GAWESSES	Female		00:48:16	+00:30:58	09:39 min/km
365	214	Open	1420	Paula	Nantinda	Female		00:48:20	+00:31:02	09:40 min/km
366	215	Open	2453	Donana	Kachilulwa	Female		00:48:21	+00:31:03	09:40 min/km
367	152	Open	1321	Owen	Kompeli	Male		00:48:23	+00:31:05	09:40 min/km
368	153	Open	1611	Ezira	Kompeli	Male		00:48:24	+00:31:06	09:40 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
369	154	Open	1083	Daniel	Brand	Male		00:48:26	+00:31:08	09:41 min/km
370	216	Open	1080	Daleen	Brand	Female		00:48:31	+00:31:14	09:42 min/km
371	217	Open	1490	Alice	Pembele	Female		00:48:33	+00:31:15	09:42 min/km
372	218	Open	3580	Densie	Seibes	Female		00:48:33	+00:31:16	09:42 min/km
373	219	Open	1102	Kayleigh	Damon	Female		00:48:34	+00:31:16	09:42 min/km
374	220	Open	3715	Coco	Shilongo	Female		00:48:37	+00:31:19	09:43 min/km
375	221	Open	1190	Saima	Hashipala	Female		00:48:38	+00:31:20	09:43 min/km
376	222	Open	1081	Gerda	Brand	Female		00:48:38	+00:31:20	09:43 min/km
377	223	Open	3590	Inonge Mirror	Simasiku	Female		00:48:41	+00:31:24	09:44 min/km
378	155	Open	2210	Fabian	Rittman	Male		00:48:49	+00:31:31	09:45 min/km
379	224	Open	2213	Farah	Rittmann	Female		00:48:53	+00:31:36	09:46 min/km
380	225	Open	1163	Elsie	Gorases	Female		00:48:55	+00:31:38	09:47 min/km
381	226	Open	1803	Jenely	Gisoses	Female		00:48:56	+00:31:38	09:47 min/km
382	227	Open	1305	Maria	Kauhondamwa	Female		00:49:05	+00:31:47	09:49 min/km
383	228	Open	1280	Luciana	Kandume	Female		00:49:11	+00:31:53	09:50 min/km
384	229	Open	1222	Linda	limene	Female		00:49:20	+00:32:02	09:52 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
385	230	Open	2411	Ingrid	Vieira	Female		00:49:21	+00:32:03	09:52 min/km
386	231	Open	1113	Normandie	Dentlinger	Female		00:49:21	+00:32:03	09:52 min/km
387	232	Open	2286	Gorgeous	Shetukana	Female		00:49:22	+00:32:04	09:52 min/km
388	156	Open	2524	Mike	Mulife	Male		00:49:22	+00:32:05	09:52 min/km
389	233	Open	1137	Ingrid	ENGELBRECHT	Female		00:49:26	+00:32:08	09:53 min/km
390	234	Open	2427	Lauren	Williams	Female		00:49:30	+00:32:12	09:54 min/km
391	235	Open	2426	Shareze	Whittaker	Female		00:49:32	+00:32:14	09:54 min/km
392	157	Open	1485	Dominique	Ostendorf	Male		00:49:32	+00:32:14	09:54 min/km
393	236	Open	1649	Jamie- Lee	Loss	Female		00:49:39	+00:32:21	09:55 min/km
394	237	Open	2272	Lucia	Sem	Female		00:49:39	+00:32:21	09:55 min/km
395	158	Open	1293	Yasuaki	Kariya	Male		00:49:42	+00:32:25	09:56 min/km
396	238	Open	1156	Audrey	Garosas	Female		00:49:45	+00:32:27	09:57 min/km
397	239	Open	3502	NDAHAMBELEL A	SHIWEDA	Female		00:49:46	+00:32:28	09:57 min/km
398	240	Open	1103	Charleons	Daniels	Female		00:49:51	+00:32:33	09:58 min/km
399	159	Open	2389	Pieter	van Helsdingen	Male		00:49:53	+00:32:35	09:58 min/km
400	241	Open	2388	Rebecca	van Helsdingen	Female		00:49:53	+00:32:35	09:58 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
401	160	Open	2394	Julian	Van Wyk	Male		00:49:58	+00:32:40	09:59 min/km
402	242	Open	1784	Helena	Nangula	Female		00:50:01	+00:32:44	10:00 min/km
403	243	Open	2439	Aliyah	Zeze	Female		00:50:09	+00:32:51	10:01 min/km
404	244	Open	2303	Rachel	Shikongo	Female		00:50:13	+00:32:55	10:02 min/km
405	245	Open	1286	Landula	Kaniita	Female		00:50:25	+00:33:07	10:05 min/km
406	246	Open	1284	Landuleni	Kaniita	Female		00:50:26	+00:33:08	10:05 min/km
407	247	Open	1698	Ujarumeue	Kauta	Female		00:50:28	+00:33:10	10:05 min/km
408	248	Open	1327	Talita	Kruger	Female		00:50:30	+00:33:12	10:06 min/km
409	249	Open	1601	Liyali	Likando	Female		00:50:31	+00:33:13	10:06 min/km
410	161	Open	1128	Heiko	Doedens	Male		00:50:32	+00:33:14	10:06 min/km
411	162	Open	1680	McLauren	Karampuna	Male		00:50:36	+00:33:18	10:07 min/km
412	250	Open	3743	Ronell	Gaingos	Female		00:50:36	+00:33:18	10:07 min/km
413	251	Open	2693	Ashley	Garises	Female		00:50:37	+00:33:20	10:07 min/km
414	252	Open	1425	BERTHA	NASHILONGO	Female		00:50:37	+00:33:20	10:07 min/km
415	253	Open	1044	Evelyn	Basson	Female		00:50:38	+00:33:20	10:07 min/km
416	163	Open	2356	Raphael	Strydom	Male		00:50:39	+00:33:22	10:07 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
417	254	Open	1402	Maria	Naanda	Female		00:50:42	+00:33:24	10:08 min/km
418	164	Open	2355	Daniel	Strydom	Male		00:50:42	+00:33:25	10:08 min/km
419	255	Open	1009	Cara	Allen	Female		00:50:43	+00:33:25	10:08 min/km
420	165	Open	1008	Daniel	Allen	Male		00:50:44	+00:33:26	10:08 min/km
421	256	Open	1053	Aletta	Beukes	Female		00:50:45	+00:33:27	10:09 min/km
422	166	Open	1709	Beon	AoxamÅ»b	Male		00:50:45	+00:33:27	10:09 min/km
423	257	Open	1467	Ziva	Nghinyotwa	Female		00:50:46	+00:33:28	10:09 min/km
424	258	Open	1404	Abigail	Nainda	Female		00:50:47	+00:33:29	10:09 min/km
425	259	Open	2511	Jaun-Mari	van der Merwe	Female		00:50:49	+00:33:31	10:09 min/km
426	167	Open	2514	Pedrie	No surname	Male		00:50:51	+00:33:33	10:10 min/km
427	260	Open	1110	Dee	Deckenbrock	Female		00:50:52	+00:33:34	10:10 min/km
428	168	Open	1388	Jerry	Muadinohamba	Male		00:50:54	+00:33:36	10:10 min/km
429	261	Open	1706	Nharyma	Eises	Female		00:51:00	+00:33:42	10:12 min/km
430	262	Open	3605	Julia	Niivundo	Female		00:51:03	+00:33:45	10:12 min/km
431	263	Open	3598	Johanna	Mukuve	Female		00:51:04	+00:33:46	10:12 min/km
432	264	Open	1619	Carmen	Erasmus	Female		00:51:05	+00:33:47	10:13 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
433	265	Open	1627	Sonja	de Beer	Female		00:51:07	+00:33:49	10:13 min/km
434	169	Open	1120	Tiaan	Diergaardt	Male		00:51:21	+00:34:03	10:16 min/km
435	170	Open	2616	Micheal	Brand	Male		00:51:25	+00:34:07	10:17 min/km
436	171	Open	2626	Francious	Brand	Male		00:51:26	+00:34:08	10:17 min/km
437	266	Open	2617	Babbetta	Brand	Female		00:51:26	+00:34:08	10:17 min/km
438	267	Open	2624	Gabriella	Brand	Female		00:51:28	+00:34:10	10:17 min/km
439	172	Open	1187	David	Hartley	Male		00:51:32	+00:34:14	10:18 min/km
440	268	Open	1172	Adri	Grobler	Female		00:51:34	+00:34:16	10:18 min/km
441	269	Open	1665	Edline	Januarie	Female		00:51:40	+00:34:22	10:20 min/km
442	270	Open	1377	Rauna Tangi	Mofuka	Female		00:51:53	+00:34:35	10:22 min/km
443	271	Open	1225	Petrina	litenge	Female		00:51:53	+00:34:35	10:22 min/km
444	272	Open	1640	Rosalie	Robyn Kahambundu	Female		00:51:58	+00:34:40	10:23 min/km
445	273	Open	1427	Laina	Nashilundo	Female		00:51:58	+00:34:41	10:23 min/km
446	274	Open	1443	Metumo	Ndjulu	Female		00:51:59	+00:34:41	10:23 min/km
447	275	Open	2517	Jolanda	Tjimbundu	Female		00:52:18	+00:35:00	10:27 min/km
448	276	Open	1778	Armani	Angula	Female		00:52:23	+00:35:06	10:28 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
449	277	Open	1381	Natasha	Morkel	Female		00:52:24	+00:35:06	10:28 min/km
450	278	Open	1382	Monique	Morkel	Female		00:52:24	+00:35:06	10:28 min/km
451	279	Open	2639	Rienna	Cloete	Female		00:52:24	+00:35:06	10:28 min/km
452	280	Open	1646	Fortunate	!Haoses	Female		00:52:28	+00:35:10	10:29 min/km
453	281	Open	3688	Lourenzia	Swartz	Female		00:52:29	+00:35:12	10:29 min/km
454	282	Open	1134	Elina Inamutila	Elago	Female		00:52:38	+00:35:20	10:31 min/km
455	283	Open	2336	Kayla	Skrywer	Female		00:52:40	+00:35:22	10:32 min/km
456	284	Open	1789	Maggi	Rix	Female		00:52:42	+00:35:24	10:32 min/km
457	285	Open	2375	Faith	Tseitseimou	Female		00:52:43	+00:35:25	10:32 min/km
458	173	Open	1403	John	Naanda	Male		00:52:44	+00:35:26	10:32 min/km
459	286	Open	2632	Fadzai	Musweu	Female		00:52:44	+00:35:27	10:32 min/km
460	287	Open	2631	Ivonn	Kavezepa	Female		00:52:46	+00:35:28	10:33 min/km
461	288	Open	3660	Luzelle	Farmer	Female		00:52:47	+00:35:29	10:33 min/km
462	289	Open	1412	Helvi	Naluwe	Female		00:52:48	+00:35:30	10:33 min/km
463	290	Open	1661	Salmi	Elago	Female		00:52:48	+00:35:30	10:33 min/km
464	174	Open	1104	Khoetage	Dax	Male		00:52:48	+00:35:30	10:33 min/km

City Dash 2026

Pos.	Cat. Pos.	Cat	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
465	291	Open	1708	Jade	Pedro	Female		00:52:48	+00:35:30	10:33 min/km
466	292	Open	1671	Destiny	Eises	Female		00:52:50	+00:35:33	10:34 min/km
467	293	Open	2256	Yashita	Samwele	Female		00:52:51	+00:35:33	10:34 min/km
468	294	Open	2469	Esther	Kakoto	Female		00:52:57	+00:35:39	10:35 min/km
469	295	Open	3659	Jenny	Goagosas	Female		00:52:58	+00:35:40	10:35 min/km
470	296	Open	1459	Aretha	Nels	Female		00:52:59	+00:35:41	10:35 min/km
471	297	Open	2247	Rejoice	Sakeus	Female		00:52:59	+00:35:42	10:35 min/km
472	298	Open	1766	Naseerah	Husselmann	Female		00:53:00	+00:35:42	10:36 min/km
473	299	Open	2302	Alina	Shikongo	Female		00:53:00	+00:35:42	10:36 min/km
474	300	Open	1133	Rejoyce	Eiasas	Female		00:53:04	+00:35:47	10:36 min/km
475	301	Open	1790	Aan	Du Plessis	Female		00:53:07	+00:35:49	10:37 min/km
476	302	Open	2368	Mbitjita	Tjijaundja	Female		00:53:11	+00:35:53	10:38 min/km
477	303	Open	1210	Jody	Hoveka	Female		00:53:12	+00:35:54	10:38 min/km
478	304	Open	1206	Nadia	Hochobes	Female		00:53:15	+00:35:57	10:39 min/km
479	175	Open	1308	Hellon	Kaulinge	Male		00:53:15	+00:35:58	10:39 min/km
480	305	Open	3698	Bianca	Muller	Female		00:53:21	+00:36:03	10:40 min/km

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Pos.	Cat. Pos.	Cat	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
481	306	Open	1648	Stefania	M Hanes	Female		00:53:21	+00:36:03	10:40 min/km
482	307	Open	3747	Patronella	Gideon	Female		00:53:21	+00:36:03	10:40 min/km
483	308	Open	2370	Uatura	Tjikuua	Female		00:53:27	+00:36:10	10:41 min/km
484	176	Open	1073	Engela	Boois	Male		00:53:34	+00:36:16	10:42 min/km
485	309	Open	1155	Georgina	Garises	Female		00:53:34	+00:36:16	10:42 min/km
486	310	Open	2554	Mybrey	Vieira	Female		00:53:38	+00:36:21	10:43 min/km
487	311	Open	2555	Andeline	Kastoor	Female		00:53:39	+00:36:21	10:43 min/km
488	177	Open	2324	Nathan	Shomeya	Male		00:53:39	+00:36:22	10:43 min/km
489	312	Open	1479	Signa	NKOLE	Female		00:53:43	+00:36:25	10:44 min/km
490	313	Open	1499	Birgit	Prinsloo	Female		00:53:46	+00:36:28	10:45 min/km
491	314	Open	2200	Cathrine	Andrew	Female		00:53:50	+00:36:32	10:46 min/km
492	178	Open	2263	Auther	Scholtz	Male		00:53:50	+00:36:32	10:46 min/km
493	315	Open	1630	Helena	Shikulo	Female		00:53:52	+00:36:35	10:46 min/km
494	179	Open	2637	Fedden	Mainga Mukwata	Male		00:53:56	+00:36:38	10:47 min/km
495	180	Open	2523	Embula	Embula	Male		00:53:58	+00:36:40	10:47 min/km
496	181	Open	1362	Douglas	Mashonganyika	Male		00:54:01	+00:36:44	10:48 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
497	182	Open	3691	Jermaine	Maurihungirire	Male		00:54:08	+00:36:50	10:49 min/km
498	183	Open	2428	Basil	Williams	Male		00:54:09	+00:36:51	10:49 min/km
499	316	Open	1129	Justine	Domingues	Female		00:54:11	+00:36:53	10:50 min/km
500	317	Open	1773	Shari	Husselmann	Female		00:54:14	+00:36:57	10:50 min/km
501	318	Open	1685	Daniella	Dias	Female		00:54:15	+00:36:57	10:51 min/km
502	319	Open	1121	Kim	Diergaardt	Female		00:54:17	+00:37:00	10:51 min/km
503	320	Open	1122	Rohandri	Diergaardt	Female		00:54:18	+00:37:00	10:51 min/km
504	321	Open	1626	DODALLIN	FREDERICKS	Female		00:54:22	+00:37:04	10:52 min/km
505	322	Open	1067	Jordan	Blaauw	Female		00:54:23	+00:37:05	10:52 min/km
506	323	Open	3733	Nicolene	Thanises	Female		00:54:23	+00:37:05	10:52 min/km
507	324	Open	2513	Jessy	No surname	Female		00:54:29	+00:37:12	10:53 min/km
508	184	Open	1676	Giovanni	da Silva	Male		00:54:30	+00:37:12	10:54 min/km
509	325	Open	1037	Shireen	April	Female		00:54:32	+00:37:14	10:54 min/km
510	326	Open	1031	Sune	Angermund	Female		00:54:32	+00:37:14	10:54 min/km
511	327	Open	1250	Monica	JOHANNES	Female		00:54:33	+00:37:15	10:54 min/km
512	328	Open	2390	Kelly-Jane	Van Rooi	Female		00:54:56	+00:37:38	10:59 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
513	185	Open	1063	Jean-Pierre	Bezuidenhout	Male		00:54:56	+00:37:38	10:59 min/km
514	329	Open	1062	Cindi-Lee	Bezuidenhout	Female		00:54:56	+00:37:38	10:59 min/km
515	186	Open	1355	William	Marais	Male		00:54:58	+00:37:41	10:59 min/km
516	330	Open	1358	Kira	Marais Martin	Female		00:54:58	+00:37:41	10:59 min/km
517	187	Open	3621	Uibasen	Tjombe	Male		00:54:59	+00:37:41	10:59 min/km
518	188	Open	1458	John-David	Nels	Male		00:54:59	+00:37:42	10:59 min/km
519	331	Open	2319	Fransina	Shipena	Female		00:55:02	+00:37:44	11:00 min/km
520	332	Open	2425	Shirley	Wemmert	Female		00:55:07	+00:37:49	11:01 min/km
521	189	Open	1320	Grant	Klein	Male		00:55:30	+00:38:12	11:06 min/km
522	333	Open	1604	Monique	Van Wyk	Female		00:55:31	+00:38:13	11:06 min/km
523	334	Open	1144	Wennyth	Farmer	Female		00:55:35	+00:38:17	11:07 min/km
524	190	Open	3616	Janwon	Coetzee	Male		00:55:55	+00:38:38	11:11 min/km
525	191	Open	2423	Delwyn	Waterboer	Male		00:56:00	+00:38:42	11:12 min/km
526	335	Open	2569	Elizabeth	Amuulo	Female		00:56:04	+00:38:46	11:12 min/km
527	192	Open	1777	Ono	Angula	Male		00:56:08	+00:38:50	11:13 min/km
528	193	Open	1027	Romanus	Andreas	Male		00:56:11	+00:38:53	11:14 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
529	336	Open	1026	Rachel	Andreas	Female		00:56:14	+00:38:56	11:14 min/km
530	337	Open	2401	Mirruelle	Van Wyk	Female		00:56:14	+00:38:56	11:14 min/km
531	338	Open	1028	Genesis	Andreas	Female		00:56:14	+00:38:56	11:14 min/km
532	339	Open	2396	Kaye-Lynne	Van wyk	Female		00:56:14	+00:38:57	11:14 min/km
533	340	Open	3704	Winnie	Nickel	Female		00:56:24	+00:39:06	11:16 min/km
534	341	Open	1183	Hilka	Hamukuaja	Female		00:56:26	+00:39:08	11:17 min/km
535	194	Open	2654	Seun	Mbaha	Male		00:56:30	+00:39:12	11:18 min/km
536	342	Open	1036	Roedeen	April	Female		00:56:37	+00:39:19	11:19 min/km
537	343	Open	2435	Angelika	Ya Kasita	Female		00:56:46	+00:39:28	11:21 min/km
538	344	Open	1492	Kaila	Petersen	Female		00:56:46	+00:39:28	11:21 min/km
539	195	Open	1491	Bradley	Petersen	Male		00:56:47	+00:39:29	11:21 min/km
540	345	Open	1378	Camillia	Mogotsi	Female		00:56:58	+00:39:41	11:23 min/km
541	346	Open	1157	Zodidi	Gaseb	Female		00:57:09	+00:39:52	11:25 min/km
542	347	Open	1288	Sindano	Kapatanenwa	Female		00:57:14	+00:39:57	11:26 min/km
543	348	Open	1482	Fiona	Ntinda	Female		00:57:15	+00:39:57	11:27 min/km
544	349	Open	2330	Monika	Silas	Female		00:57:25	+00:40:07	11:29 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
545	350	Open	1324	Janine	Kotze	Female		00:57:26	+00:40:08	11:29 min/km
546	351	Open	2352	Tessa	Steyn	Female		00:57:28	+00:40:11	11:29 min/km
547	196	Open	1064	Dudley	Bezuidenhout	Male		00:57:32	+00:40:14	11:30 min/km
548	197	Open	1696	Joseph	Mazumo	Male		00:57:37	+00:40:20	11:31 min/km
549	198	Open	1681	Junior	Ihi Illunga	Male		00:57:38	+00:40:21	11:31 min/km
550	352	Open	1292	Violine	Kapukare	Female		00:57:46	+00:40:28	11:33 min/km
551	199	Open	1797	Malachi	Titus	Male		00:57:48	+00:40:30	11:33 min/km
552	353	Open	1135	Sussana	Elago	Female		00:57:53	+00:40:35	11:34 min/km
553	354	Open	2373	Tina	Tseitseimou	Female		00:57:56	+00:40:38	11:35 min/km
554	355	Open	1109	Angeline	De Wee	Female		00:58:02	+00:40:44	11:36 min/km
555	356	Open	2393	Nathalie	Van Wyk	Female		00:58:02	+00:40:44	11:36 min/km
556	357	Open	2366	Zelea	Titus	Female		00:58:08	+00:40:51	11:37 min/km
557	358	Open	1018	Emilia	Amuaalua	Female		00:58:09	+00:40:52	11:37 min/km
558	359	Open	2420	Ulalia	Waterboer	Female		00:58:13	+00:40:55	11:38 min/km
559	200	Open	2424	Eldorico	Waterboer	Male		00:58:14	+00:40:57	11:38 min/km
560	360	Open	2482	Elmay	Drosky	Female		00:58:29	+00:41:12	11:41 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
561	361	Open	2483	Luana	Miranda	Female		00:58:32	+00:41:14	11:42 min/km
562	362	Open	1001	Alison	Adams	Female		00:58:36	+00:41:18	11:43 min/km
563	363	Open	2262	Cherese	Scholtz	Female		00:58:36	+00:41:19	11:43 min/km
564	201	Open	1313	Takashi	Kazawa	Male		00:58:39	+00:41:22	11:43 min/km
565	364	Open	2638	Rauna	Mathias	Female		00:58:44	+00:41:26	11:44 min/km
566	365	Open	1201	EMILY	HIPUNDJUA	Female		00:58:48	+00:41:30	11:45 min/km
567	366	Open	2365	Lahya	Teofelus	Female		00:58:48	+00:41:30	11:45 min/km
568	367	Open	1353	Moretta	Maletzky	Female		00:58:54	+00:41:37	11:46 min/km
569	368	Open	2354	Aroschell	Strydom	Female		00:58:55	+00:41:37	11:47 min/km
570	369	Open	2334	Nalukui Vanessa Mwangala	Simpungwe	Female		00:59:01	+00:41:43	11:48 min/km
571	202	Open	1689	Elijah	Cloete	Male		00:59:09	+00:41:51	11:49 min/km
572	370	Open	1251	Ismaela M	Johannes	Female		00:59:10	+00:41:52	11:50 min/km
573	371	Open	1711	Chanore	Mouton	Female		00:59:14	+00:41:56	11:50 min/km
574	372	Open	1055	Sharlene	Bezuidenhoudt	Female		00:59:15	+00:41:57	11:51 min/km
575	373	Open	1095	Yolande	Claassen	Female		00:59:25	+00:42:07	11:53 min/km
576	374	Open	1370	Pamela	Mazila	Female		00:59:30	+00:42:12	11:54 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
577	203	Open	2257	Alpha	Sankoh	Male		00:59:31	+00:42:13	11:54 min/km
578	204	Open	2444	Neels	Van Wyk	Male		00:59:38	+00:42:21	11:55 min/km
579	375	Open	2315	Merjam	Shindume	Female		00:59:44	+00:42:26	11:56 min/km
580	205	Open	1094	Perseverance	Chobe	Male		00:59:53	+00:42:35	11:58 min/km
581	376	Open	2508	Ngarii	Tjejamba	Female		00:59:53	+00:42:35	11:58 min/km
582	377	Open	1077	Sonja	Boost	Female		00:59:59	+00:42:41	11:59 min/km
583	378	Open	2415	Dawne Lize	Vries	Female		01:00:00	+00:42:42	12:00 min/km
584	379	Open	2353	Laura	Steyn	Female		01:00:05	+00:42:47	12:01 min/km
585	206	Open	1457	Vidileo	Nels	Male		01:00:08	+00:42:50	12:01 min/km
586	380	Open	1455	Deidre	Nels	Female		01:00:08	+00:42:51	12:01 min/km
587	381	Open	1072	Lucia	Bock	Female		01:00:13	+00:42:55	12:02 min/km
588	382	Open	1444	Siphathisiwe	Ndlovu	Female		01:00:13	+00:42:55	12:02 min/km
589	383	Open	2364	Zuriel	Teek	Female		01:00:19	+00:43:01	12:03 min/km
590	384	Open	1294	Latifah	Kartyoa	Female		01:00:20	+00:43:02	12:04 min/km
591	385	Open	2410	Mara	Victor	Female		01:00:38	+00:43:21	12:07 min/km
592	386	Open	2652	Eveline	Kaunatjike	Female		01:00:39	+00:43:21	12:07 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
593	387	Open	1614	Philomena	Vasconcelos	Female		01:00:44	+00:43:26	12:08 min/km
594	388	Open	2327	Promise	Sifani	Female		01:00:44	+00:43:27	12:08 min/km
595	389	Open	1391	Michaela	Mulisa	Female		01:00:45	+00:43:27	12:09 min/km
596	390	Open	2245	Martha	Sakaria	Female		01:00:54	+00:43:36	12:10 min/km
597	391	Open	1493	Taina	Peyohamba	Female		01:01:05	+00:43:48	12:13 min/km
598	392	Open	2223	Amisha	Rittmann	Female		01:01:08	+00:43:50	12:13 min/km
599	393	Open	1253	Grace	Josef	Female		01:01:08	+00:43:50	12:13 min/km
600	394	Open	1770	Renesme	Delie	Female		01:01:09	+00:43:51	12:13 min/km
601	395	Open	1319	Sharidene	Kisting	Female		01:01:27	+00:44:10	12:17 min/km
602	396	Open	3689	Joseffine	Keister	Female		01:01:28	+00:44:10	12:17 min/km
603	397	Open	2244	Anna	Sakaria	Female		01:01:33	+00:44:15	12:18 min/km
604	398	Open	2462	Lydia	Mataa	Female		01:01:39	+00:44:22	12:19 min/km
605	399	Open	2461	Micheliet	Kandukua	Female		01:01:41	+00:44:23	12:20 min/km
606	400	Open	1392	Gerharda	Mulunga	Female		01:01:41	+00:44:23	12:20 min/km
607	401	Open	1005	Ester Kaunalenga	Alfred	Female		01:01:44	+00:44:26	12:20 min/km
608	402	Open	1208	Fiona	Hoeksema	Female		01:01:50	+00:44:32	12:22 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
609	403	Open	1500	Chante	Prinsloo	Female		01:01:57	+00:44:39	12:23 min/km
610	404	Open	2261	Annika	Schickerling	Female		01:01:57	+00:44:39	12:23 min/km
611	405	Open	2202	Leonie	Prinsloo	Female		01:01:59	+00:44:41	12:23 min/km
612	207	Open	1118	Ruhan	Diergaardt	Male		01:02:10	+00:44:52	12:26 min/km
613	406	Open	1119	Colette	Diergaardt	Female		01:02:10	+00:44:53	12:26 min/km
614	208	Open	1782	Ethan-amen	Nekoba	Male		01:02:18	+00:45:00	12:27 min/km
615	209	Open	1781	Charles	Hango	Male		01:02:18	+00:45:00	12:27 min/km
616	210	Open	1441	Altinho	Ndjulu	Male		01:02:22	+00:45:04	12:28 min/km
617	407	Open	1464	Maiya	Nghiitete	Female		01:02:23	+00:45:05	12:28 min/km
618	211	Open	1204	Penda	Hiwilepo	Male		01:02:24	+00:45:06	12:28 min/km
619	212	Open	2246	Sakaria	Sakaria	Male		01:02:26	+00:45:08	12:29 min/km
620	408	Open	1224	Rauna	IITEMBU	Female		01:02:34	+00:45:16	12:30 min/km
621	213	Open	1189	Shawapala	Hasheela	Male		01:02:47	+00:45:29	12:33 min/km
622	409	Open	1480	Sophia	Nkole	Female		01:02:53	+00:45:36	12:34 min/km
623	410	Open	2570	Welda	Mouton	Female		01:02:53	+00:45:36	12:34 min/km
624	411	Open	3745	Nicolla	April	Female		01:03:01	+00:45:43	12:36 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
625	412	Open	1617	chanelle	jansen	Female		01:03:01	+00:45:43	12:36 min/km
626	413	Open	1232	Aisha	Isaak	Female		01:03:13	+00:45:55	12:38 min/km
627	414	Open	2329	Akina	Sikeni	Female		01:03:13	+00:45:55	12:38 min/km
628	415	Open	1419	Didi	Nankela	Female		01:03:22	+00:46:04	12:40 min/km
629	416	Open	1463	Janice	Nghiitete	Female		01:03:23	+00:46:05	12:40 min/km
630	417	Open	1186	Winnie	Haradoes	Female		01:03:48	+00:46:30	12:45 min/km
631	418	Open	1078	BlanchÃ©	Bowe	Female		01:03:49	+00:46:31	12:45 min/km
632	214	Open	1335	Michiel	Laker	Male		01:04:00	+00:46:42	12:48 min/km
633	419	Open	1363	Daniella	Massungo	Female		01:04:01	+00:46:43	12:48 min/km
634	420	Open	1088	Janetta	Burden	Female		01:04:02	+00:46:44	12:48 min/km
635	421	Open	1334	Annetjie	Laker	Female		01:04:03	+00:46:45	12:48 min/km
636	422	Open	1091	Alida	Burden	Female		01:04:03	+00:46:45	12:48 min/km
637	423	Open	1497	Luzaan	Pretorius	Female		01:04:17	+00:46:59	12:51 min/km
638	424	Open	2358	Monica	Suze	Female		01:04:58	+00:47:40	12:59 min/km
639	425	Open	1351	Angelina N	Majiedt	Female		01:04:58	+00:47:41	12:59 min/km
640	426	Open	3687	Paulina	litope	Female		01:05:00	+00:47:42	13:00 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
641	427	Open	3722	Eva-Liisa	Imene	Female		01:05:00	+00:47:42	13:00 min/km
642	428	Open	1365	Josefina	Matheus	Female		01:05:02	+00:47:44	13:00 min/km
643	429	Open	3644	Marlene	Miranda	Female		01:05:03	+00:47:45	13:00 min/km
644	430	Open	2459	Bianca	Von Lieres	Female		01:05:04	+00:47:46	13:00 min/km
645	431	Open	3736	Ersla	Hases	Female		01:05:06	+00:47:48	13:01 min/km
646	215	Open	1161	Zinedine	Goagoseb	Male		01:05:06	+00:47:49	13:01 min/km
647	432	Open	1283	Ngutjiua Coco	Kangueehi	Female		01:05:15	+00:47:58	13:03 min/km
648	433	Open	1487	Adelheid	Paulo	Female		01:05:19	+00:48:01	13:03 min/km
649	216	Open	1486	Amarildo	Paulo	Male		01:05:21	+00:48:03	13:04 min/km
650	434	Open	1632	UAKATAVIZA	KATJINAANI	Female		01:05:22	+00:48:05	13:04 min/km
651	435	Open	1399	Mulela	Mwampole	Female		01:05:23	+00:48:05	13:04 min/km
652	436	Open	2416	Qaunita	Vries	Female		01:05:33	+00:48:15	13:06 min/km
653	437	Open	2293	Ella	Shigwedha	Female		01:05:34	+00:48:16	13:06 min/km
654	217	Open	1654	Michel	Haoses	Male		01:05:35	+00:48:17	13:07 min/km
655	438	Open	1615	Caroline	Mwilima	Female		01:05:45	+00:48:27	13:09 min/km
656	439	Open	1603	RUUSA	SHINDONDOLA	Female		01:05:50	+00:48:32	13:10 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
657	440	Open	3746	ANTONET	DOMINGO	Female		01:05:51	+00:48:33	13:10 min/km
658	441	Open	2568	Sigrid	Amuulo	Female		01:05:52	+00:48:34	13:10 min/km
659	218	Open	1787	Villie	Van Der Merwe	Male		01:06:46	+00:49:28	13:21 min/km
660	219	Open	1786	Dirk	Von Mollendorf	Male		01:06:50	+00:49:32	13:22 min/km
661	442	Open	1025	Mary	Andonyo	Female		01:06:52	+00:49:34	13:22 min/km
662	443	Open	1158	Elsandrey	Gawanas	Female		01:06:53	+00:49:35	13:22 min/km
663	220	Open	1788	Carel	Van Der Merwe	Male		01:06:53	+00:49:35	13:22 min/km
664	444	Open	1779	Elizabeth	Hainana	Female		01:07:13	+00:49:55	13:26 min/km
665	445	Open	1793	Secilie	Hainana	Female		01:07:13	+00:49:55	13:26 min/km
666	221	Open	3626	Peter	Hiwilepo	Male		01:07:15	+00:49:57	13:27 min/km
667	446	Open	3712	SICRET	TJIPANGANDJAR A	Female		01:08:04	+00:50:47	13:36 min/km
668	447	Open	3742	SHERI-LEE	BEUKES	Female		01:08:04	+00:50:47	13:36 min/km
669	448	Open	3708	IMELDA	ANIES	Female		01:08:09	+00:50:52	13:37 min/km
670	449	Open	2270	Eunice	Schwarz	Female		01:08:13	+00:50:55	13:38 min/km
671	450	Open	1177	Rochelle	Haimbodi	Female		01:08:14	+00:50:56	13:38 min/km
672	222	Open	1466	Tarah Haulinenu	Nghilalulwa	Male		01:08:23	+00:51:05	13:40 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
673	451	Open	1237	Brenda	Jahongo	Female		01:08:26	+00:51:08	13:41 min/km
674	452	Open	1092	Regina	Chahila	Female		01:08:39	+00:51:21	13:43 min/km
675	453	Open	1203	Graciana	Hiwilepo	Female		01:08:46	+00:51:28	13:45 min/km
676	223	Open	2622	Leornado	Blom	Male		01:08:54	+00:51:36	13:46 min/km
677	224	Open	2621	Faenzo	Blom	Male		01:08:55	+00:51:37	13:47 min/km
678	225	Open	2619	Bruno	Coelho	Male		01:08:59	+00:51:41	13:47 min/km
679	226	Open	1660	Elija	Coelho	Male		01:09:00	+00:51:42	13:48 min/km
680	454	Open	1200	Arya	Hilengwa	Female		01:09:25	+00:52:08	13:53 min/km
681	455	Open	1309	Ever-Victoria	Kavandje	Female		01:09:26	+00:52:08	13:53 min/km
682	456	Open	1151	wilika	frai	Female		01:09:32	+00:52:14	13:54 min/km
683	457	Open	2372	Bernadette	Tjombe	Female		01:09:32	+00:52:15	13:54 min/km
684	458	Open	2260	Hannelie	Saunderson	Female		01:09:40	+00:52:22	13:56 min/km
685	459	Open	2405	Else Lucrecia	Van wyk	Female		01:09:53	+00:52:35	13:58 min/km
686	460	Open	1164	Rosina	Gowases	Female		01:09:53	+00:52:35	13:58 min/km
687	227	Open	1693	Michael	Haukumbe	Male		01:09:57	+00:52:39	13:59 min/km
688	461	Open	1672	Amor	da Silva	Female		01:09:58	+00:52:40	13:59 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
689	462	Open	1700	Tonata	Shikololo	Female		01:09:59	+00:52:41	13:59 min/km
690	463	Open	3748	Moreen	Kausha	Female		01:10:15	+00:52:57	14:03 min/km
691	464	Open	1322	Laina	Kooper	Female		01:12:02	+00:54:44	14:24 min/km
692	465	Open	1312	Emilia	Kavungo	Female		01:12:02	+00:54:44	14:24 min/km
693	466	Open	1261	Ponheni	Kafidi	Female		01:12:16	+00:54:58	14:27 min/km
694	467	Open	2339	Nicole	Snyders	Female		01:12:32	+00:55:14	14:30 min/km
695	228	Open	1131	Herschelle	Du plessis	Male		01:12:33	+00:55:15	14:30 min/km
696	468	Open	3735	Tuhupamuje	Rejoice Kasaona	Female		01:13:21	+00:56:04	14:40 min/km
697	469	Open	2565	Vicktoria	Jafet	Female		01:16:18	+00:59:00	15:15 min/km
698	470	Open	2633	Fredrika Ndahambelela	Nehale	Female		01:19:53	+01:02:35	15:58 min/km
699	471	Open	3693	MARISHA	MATREFU	Female		01:21:27	+01:04:09	16:17 min/km
700	472	Open	2367	Hilde	Tjapa	Female		01:21:31	+01:04:13	16:18 min/km
701	473	Open	2311	Albertina	Shilongo	Female		01:22:41	+01:05:23	16:32 min/km
702	474	Open	2310	Pombili	Shilongo	Female		01:22:42	+01:05:24	16:32 min/km
703	475	Open	2567	Rossy	Nehemiah	Female		01:32:19	+01:15:01	18:27 min/km
704	476	Open	3690	Nelao	Aipanda	Female		01:35:31	+01:18:13	19:06 min/km

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Pos.	Cat. Pos.	Cat.	No.	First Name	Last Name	Gender	Club	Finish	Diff	Pace
705	229	Open	1639	PANDULENI	PAULUS	Male		01:38:07	+01:20:49	19:37 min/km
706	230	Open	2527	Mike	Katoko	Male		01:39:52	+01:22:34	19:58 min/km
707	477	Open	2525	Wendji	Mahela	Female		01:40:56	+01:23:38	20:11 min/km